



2026 Annual Scientific Meeting Program

Friday, August 28, 2026

12:00 PM	5:00 PM	Personal / Family Time
1:00 PM	4:00 PM	Golf
3:00 PM	5:00 PM	Set up for Exhibitors
5:00 PM	6:00 PM	GSPS Executive Meeting
6:00 PM	8:00 PM	Welcome Reception
		Dinner (On Your Own)

Saturday, August 29, 2026

7:30 AM	8:30 AM	Breakfast with Exhibits
7:30 AM	5:00 PM	Exhibits Open
		Scientific Session #1
8:30 AM	8:40 AM	Nicholas Jones, MD President-Elect GSPS Welcome
8:40 AM	8:50 AM	Stanley Okoro, MD President GSPS

GPS Update

8:50 AM 9:00 AM

Amy Alderman, MD

ABPS Update

9:00 AM 9:25 AM

Al Aly, MD

28 Years Experience with Massive Weight Loss Body Contouring

9:25 AM 9:45 AM

Mayowa Abiodun, MD

The Happy Medium: Delayed-Immediate Breast Reconstruction

9:45 AM 10:05 AM

Angela Cheng, MD

90 Minute Breast Reduction

10:05 AM 10:25 AM

Break with Exhibitors

10:25 AM 10:50 AM

Al Aly, MD

Belt Lipectomy

10:50 AM 11:10 AM

Terri Moak, MD

The Plastic Surgeon's Guide to Ergonomics and Wellness

11:10 AM 11:30 AM

Stanley Okoro, MD

BBL Buttock Reduction

11:30 AM 1:00 PM

GPS Business Meeting with Lunch

1:00 PM 1:25 PM

Al Aly, MD

Upper Body Lifting

1:25 PM 1:45 PM

Mayowa Abiodun, MD

Beyond the Lift: Reinforcing Mastopexy-Augmentation with Soft Tissue Supp

1:45 PM 2:05 PM

Gabriela Garcia Nores, MD

Management and Prevention of Mastectomy Flap Necrosis

2:05 PM 2:25 PM

Amy Alderman, MD

Life Hacks for the Plastic Surgeon

2:25 PM	2:45 PM	Break with Exhibitors
2:45 PM	3:10 PM	Al Aly, MD Brachioplasty
3:10 PM	3:30 PM	Stanley Okoro, MD Lipoabdominoplasty for the Obese Patient
3:30 PM	3:50 PM	Kerry-Ann Mitchell, MD Neuroplastic Surgery and Complex Scalp Reconstruction
4:00 PM	7:00 PM	Personal / Family Time
6:00 PM	7:00 PM	Exhibit Hall Reception
7:00 PM	10:00 PM	Dinner / Event

Sunday, August 30, 2026

7:30 AM	11:00 AM	Exhibits Open
7:30 AM	8:30 AM	Breakfast
		Scientific Session #2
8:30 AM	8:40 AM	Nicholas Jones, MD
		President-Elect GSPS
		Welcome
8:40 AM	9:05 AM	Al Aly, MD
		Seromas: What They Are, How to Prevent Them, How to Treat Them
9:05 AM	9:25 AM	Heather Faulkner, MD
		Incorporating Ultrasound Into Practice
9:25 AM	9:45 AM	Stanley Okoro, MD
		RF Assisted Scar Sparing Body Contouring: Technique and Safety Consideratio
9:45 AM	10:00 AM	Break with Exhibitors

Resident / Student Presentations

10:00 AM 10:15 AM

Suma Yellamraju (student) / Robert Dinsmore, MD
Labiaplasty: Avoiding Pitfalls and Optimizing Outcomes

10:15 AM 10:30 AM

Lauren Willcox, MD
The Use of Mesh Suture in Abdominal Wall Reconstruction

10:30 AM 10:45 AM

Sean Mack, MD
Changes and Trends of Rural Plastic Surgery

10:45 AM 11:00 AM

Franklin Valdera, MD
Plastic Surgery in the Military

11:00 AM 11:10 AM

Adjournment